Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken and vegetable casserole (**GF**) --- Vegetable bake (**GF/VG**) --- Sandwich --- Sweetcorn --- Baby potatoes	Chicken tikka masala (**GF**) --- Cauliflower, spinach and lentil curry (**GF/VG**) --- Sandwich --- Green beans --- Yellow basmati rice	Roast beef in gravy (**GF**) --- Vegetable pie (**V**) --- Sandwich --- Mixed vegetables --- Roast potatoes	Macaroni and cheese (**V**) --- Sandwich --- Broccoli --- Garlic bread	Fish Goujons --- Aubergine Parmigiana (**GF/VG**) --- Sandwich --- Peas --- Chips

Selection of cold salads available every day
Desserts will include a selection of fruit, yogurts and cakes, including dairy free and gluten free options.
All sandwiches can be made vegan or gluten free

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Jacket potato with a selection of fillings (**GF/VG**) --- Sandwich --- Salad	Chilli con carne (**GF**) --- Bean chilli (**GF/VG**) --- Sandwich --- Broccoli --- Wholegrain rice	Roast chicken in gravy (**GF**) --- Potato, cheese and leek gratin (**GF/V**) --- Sandwich --- Minted vegetables --- Roast potatoes	Pasta Carbonara --- Tomato and basil pasta (**VG**) --- Sandwich --- Green beans --- Garlic bread	Chicken goujons --- Tomato and chickpea gratin (**GF/VG**) --- Sandwich --- Spring vegetables --- Potato croquettes

A selection of cold salads available every day
Desserts will include a selection of fruit, yogurts and cakes, including dairy free and gluten free options.
All sandwiches can be made vegan or gluten free

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Cottage pie (**GF**) --- Vegetarian cottage pie (**GF/V**) --- Sandwich --- Spring vegetables --- Baby potatoes	Chicken fajitas (**GF**) --- Moroccan bean casserole (**GF/VG**) --- Sandwich --- Sweetcorn --- Vegetable rice	Cowboy beans and sausages --- Vegan sausages (**VG**) --- Sandwich --- Mixed vegetables --- Potato wedges	Lasagne --- Vegetable lasagne (**V**) --- Sandwich --- Carrots --- Garlic bread	Salmon and broccoli bake --- Lemon, pea and asparagus risotto (**GF/VG**) --- Sandwich --- Peas --- Chips

A selection of cold salads available every day
Desserts will include a selection of fruit, yogurts and cakes, including dairy free and gluten free options.
All sandwiches can be made vegan or gluten free

Allergen chart

Business: The greater horseshoe school WEEK 1 · **Checked on:** 17 November 2026

Dish	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur dioxide / sulphites
Chicken and vegetable casserole														
Vegetable bake														
Chicken tikka masala							×							
Cauliflower, spinach and lentil curry									×					
Roast beef in gravy														
Baked vegetable pie		×					×		×					
Macaroni cheese and garlic bread		×					×							
Fish goujons and chips		×			×									
Aubergine Parmigiana														

Allergen chart

Business: The greater horseshoe school WEEK 2 · **Checked on:** 17 November 2026

Dish	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur dioxide / sulphites
Jacket potato														
Chilli con carne														
Bean chilli														
Sliced roast chicken in gravy														
Potato, cheese and leek gratin							×							
Pasta carbonara		×					×							
Tomato and basil pasta		×												
Chicken goujons		×												
Tomato and chickpea gratin														

Allergen chart

Business: The greater horseshoe school WEEK 3 · **Checked on:** 17 November 2026

Dish	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur dioxide / sulphites
Cottage pie							×							
Vegetarian cottage pie				×			×							
Fajita chicken														
Moroccan bean casserole														×
Cowboy beans and sausages		×												
Vegan sausages		×												
Beef lasagne		×					×							
Vegetable lasagne		×					×							
Salmon and broccoli bake		×			×		×							
Lemon, pea and asparagus risotto							×							

× = contains this allergen

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